



### Our mission

Menzies exists to perform internationally significant medical research leading to healthier, longer and better lives for Tasmanians.

### Our history

Menzies was originally named the Menzies Centre for Population Health Research. It was founded in 1988 by the University of Tasmania with support from the Tasmanian Government and the Menzies Foundation to focus on population research into diseases common in Tasmania and around the world.

**Menzies quickly gained a reputation for innovative work into the link between babies' sleeping position and sudden infant death syndrome (SIDS).**

From this work our research expanded and further epidemiological research programs were developed. Since 2006 we have expanded our focus into both basic laboratory and clinical science. The overriding focus of our research remains the diseases that have the most impact on the Tasmanian community.

### Today

Menzies is a designated "Tasmanian Icon" in recognition of our scientific achievements, status and place in the Tasmanian community. Some of Australia's most innovative and important medical research takes place at Menzies.

Our research is divided into five themes to reflect the major diseases impacting on the Tasmanian community:

- Public Health and Primary Care
- Neurodegenerative Diseases/Brain Injury
- Cardio-Metabolic Health and Diseases
- Musculoskeletal Health and Diseases
- Cancer, Genetics and Immunology

The diseases that our researchers are working on include:

Arthritis, blood pressure, brain injury, cancer, cardiovascular disease, dementia (including Alzheimer's disease), diabetes, glaucoma, mental health issues, motor neurone disease, multiple sclerosis, osteoporosis and Parkinson's disease.

**Our ultimate goal is to cure or prevent disease and to save lives.**



### Menzies Institute for Medical Research

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### You can help us make our next discovery



### Menzies Institute for Medical Research

[menzies.utas.edu.au](http://menzies.utas.edu.au)



## You can help us make our next discovery . . .

### Donating to Menzies

Medical research is a long process. It takes time and commitment, but also significant resources. Without your support in donations some research simply would not happen.

When you donate to Menzies you are able to specify the particular research area to which you would like to contribute, or you can specify that you would like your donation to go the area of greatest need.

Donor funds give us the flexibility, not available through grant funding, to support staff and students through scholarships and fellowships. They fund important research projects and allow us to buy much-needed equipment.

To help fund medical research at Menzies you can make a one-off donation or become an Everyday Angel with a regular monthly gift deducted from your credit card. Donations can support our current research, scholarships, fellowships or the purchase of equipment. Big or small, every gift is appreciated.

**All donations over \$2 are tax-deductible. You can contact us on 03 6226 7700 or free call 1800 638 124 if you would like to show your support. Alternatively, visit [www.menzies.utas.edu.au](http://www.menzies.utas.edu.au) or complete the attached donation form and return it to Private Bag 23, Hobart, Tasmania, 7001.**



## Would you like to run a fundraising campaign?

**Getting together a group of friends, co-workers, club members, a team or the wider community to run an event or campaign is a great way to raise funds for Menzies.**

Menzies community fundraising guidelines have been developed to help you make your fundraising event a success. They also set out the legislative requirements, roles and responsibilities of individuals or organisations who wish to undertake a fundraising event to raise money for Menzies. If you wish to undertake a fundraiser please contact us to obtain a registration form, a copy of the guidelines and to discuss your idea with a member of our Advancement Team.

## Bequests

Leaving a bequest to Menzies is a powerful way to help alleviate the serious impact of disease on our community once and for all.

**Advising us of your intention to make a gift to Menzies in your Will greatly assists us in planning for the future. It also provides us with an opportunity to discuss with you the area of research you would like to support and to thank you in person. If you would like to speak to someone at Menzies about leaving a bequest in your Will please complete the form in this brochure or contact the Institute Advancement Manager today on 03 6226 4236.**

## Volunteering at Menzies

Research grant funding often falls short of the full costs of conducting a project, and volunteer support assists Menzies researchers to carry out work that may not otherwise be possible. Menzies is fortunate to be able to call on the skills, knowledge and goodwill of volunteers, who take on many different roles to help us conduct research.

Volunteers make significant contributions in a variety of areas, for example:

- Assisting with data collection
- Information kit preparation
- Coordinating special projects
- Reception duties
- Database maintenance and data entry
- Mail-out preparation and collation
- Fundraising and events
- General clerical duties
- Transporting research participants
- Interpreting pathology and MRI reports

Our volunteers have opportunities to learn new skills, assume responsibility, maintain social contacts and contribute to research that addresses the health needs of Tasmanians. Menzies' staff highly value the contributions of our volunteers, as evidenced by the steady stream of requests for volunteer assistance.

If you are interested in volunteering please contact the Menzies Volunteer Coordinator on 03 6226 4688.

## Participating in our research

The involvement of the Tasmanian community in Menzies' research has been one of the hallmarks of the Institute's success since its establishment in 1988. Tasmanians have shown a great willingness to step forward to take part in research projects. Scientists are researching specific illnesses with the help of study participants in dozens of projects.

The careful design of research projects means that study participants need to meet very specific criteria. If you are interested in participating in Menzies research, keep an eye out for notices calling for participants through the Menzies Bulletin, [www.menzies.utas.edu.au](http://www.menzies.utas.edu.au), [www.facebook.com/MenziesResearch](http://www.facebook.com/MenziesResearch) and through advertising in newspapers.

You can help us make our vision of a healthier future a reality.

## Yes! I/We would like to help Menzies achieve a breakthrough in medical research

- I would like to make a one-off donation of \$ \_\_\_\_\_
- I would like to become an Everyday Angel and give monthly donations from my credit card. All donations over \$2 are tax deductible.

### Please complete the following details:

Title: \_\_\_\_\_ First name: \_\_\_\_\_

Surname: \_\_\_\_\_

Organisation (if applicable): \_\_\_\_\_

Position title (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone:(w) \_\_\_\_\_ (h) \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

### Please accept my donation in the form of:

- Cash     Cheque/Money order  
(Payable to Menzies Institute for Medical Research)

### OR

Please debit my:  Visa     MasterCard

Card number: \_\_\_\_\_ Expiry date: \_\_\_\_\_

Name on card: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### OR

- Direct Debit (we will contact you to arrange set up)
- I/we wish that my/our donation be used for research purposes at the discretion of the Menzies Institute for Medical Research, unless a particular research area (e.g. cancer or heart disease) is stated as follows:

Please do not publish my name in the 'Valued Supporters' section of Menzies' next *Bulletin* newsletter.

Please do not add me to the Menzies mailing list

Please send me information on remembering Menzies in my will.

**Please post to: Menzies Institute for Medical Research, University of Tasmania, Private Bag 23, Hobart, Tasmania 7001**

**Thank you for your support.**